



# 12 days of Christmas

Every year the foodbank gives **Christmas hampers** to families and individuals who are struggling. These hampers make an enormous difference to the festive season, helping alleviate the many financial pressures and allowing people to celebrate the season rather than exist through it.

Last year many of you helped by donating items for a hamper through our **12 days of Christmas** scheme. We've had lots of requests to run it again this year, so here are the 12 dates with 12 items for you to add to your bag. Please deliver to foodbank on Sunday 2nd Dec 2-4pm or Monday 3rd Dec 9:30-12:30pm Thank you



- 16<sup>th</sup> Nov **Bag for life** to hold all your goodies #FeelGoodFriday
- 17<sup>th</sup> Nov **Crisps, nuts, cheese biscuits** #Saturday snacks
- 19<sup>th</sup> Nov Tin of **ham** #MeatFreeMonday
- 20<sup>th</sup> Nov **Christmas cake** #CharityTuesday
- 22<sup>nd</sup> Nov **Hot chocolate** (marshmallows optional) #ThirstyThursday
- 23<sup>rd</sup> Nov **Chocolate coins** for #BlackFriday
- 25<sup>h</sup> Nov **Christmas puddings.** #StirUpSunday
- 27<sup>th</sup> Nov Tom Smith invented **Christmas crackers** in 1847 #TriviaTuesday
- 28<sup>h</sup> Nov Puddings need **custard** #WednesdayWisdom
- 30<sup>th</sup> Nov **Stuffing, gravy or bread sauce** #FoodieFriday
- 1<sup>st</sup> Dec **Selection pack** #SaturdaySweets
- 2<sup>nd</sup> Dec **Your choice** on delivery day, take a picture #SelfieSunday

Follow us on twitter @andoverfoodbank or catch up on facebook or [www.andoverfoodbank.org.uk](http://www.andoverfoodbank.org.uk)