



# SUPPORT RESOURCES

## DEBT & BENEFIT SUPPORT



**Citizens Advice**  
Chantry House, Andover  
T 01264 723641  
[www.testvalleycab.org.uk](http://www.testvalleycab.org.uk)



31-33 Bridge Street, Andover  
SP10 1BE  
T 07734 049687  
[www.frontlinedebtadvice.org.uk](http://www.frontlinedebtadvice.org.uk)



**CAP Debt Centre**  
Lighthouse, St Marys Church Andover  
T 0800 328 0006  
[www.stmarysandover.org/lighthouse/](http://www.stmarysandover.org/lighthouse/)

## FAMILY & EDUCATION SUPPORT

**RCS Andover**  
Longmeadow Centre,  
Cricketers Way, Andover SP10 5DE  
T 01264 359223  
E [longmeadow.rcs@gmail.com](mailto:longmeadow.rcs@gmail.com)

**Yellow Brick Road Project**  
T 01264 360589  
E [admin@yellowbrickroadprojects.com](mailto:admin@yellowbrickroadprojects.com)  
[www.yellowbrickroadprojects.com](http://www.yellowbrickroadprojects.com)



**Andover Clothing Exchange**  
Support for school uniform, clothing and baby items  
[Facebook group](#)



## HOUSING SUPPORT

**Two Saints**  
Bridge House, Bridge Street, Andover, SP10 1BE  
T 01264 359959  
E [peirstestvalley@twosaints.org.uk](mailto:peirstestvalley@twosaints.org.uk)  
[www.twosaints.org.uk/andover-test-valley](http://www.twosaints.org.uk/andover-test-valley)

## OLDER AGE SUPPORT

### Neighbourcare

12 Union Street, Andover SP10 1PA

T 01264 339899

[www.andoverneighbourcare.co.uk](http://www.andoverneighbourcare.co.uk)

### Age Concern Hampshire

Town Mills House, Andover, SP10 1BL

T 01962 868545

[www.ageconcernhampshire.org.uk](http://www.ageconcernhampshire.org.uk)

## DOMESTIC ABUSE SUPPORT



### Andover Crisis and Support Centre

15-21 New Street, Andover  
SP10 1EL

T 01264 366122

[www.andovercrisis.org.uk](http://www.andovercrisis.org.uk)



National Domestic Abuse helpline

T 0808 2000 247

[www.refuge.org.uk](http://www.refuge.org.uk)

## CARERS SUPPORT

### Andover Young Carers

T 01264 333788

E [info@youngcarers.co.uk](mailto:info@youngcarers.co.uk)

[www.andoveryoungcarers.co.uk](http://www.andoveryoungcarers.co.uk)

### Princess Royal Trust for Carers

T 01264 835246

E [info@carercentre.com](mailto:info@carercentre.com)

[www.carercentre.com](http://www.carercentre.com)

## YOUNG PEOPLE SUPPORT

### The Andover Foyer

T 01264 350340

E [e.wyatt@alabare.co.uk](mailto:e.wyatt@alabare.co.uk)

[www.alabare.co.uk/home/the-andover-foyer](http://www.alabare.co.uk/home/the-andover-foyer)

### Yellow Brick Road Project

T 01264 360589

E [admin@yellowbrickroadprojects.com](mailto:admin@yellowbrickroadprojects.com)

[www.yellowbrickroadprojects.com](http://www.yellowbrickroadprojects.com)

## DRUG & ALCOHOL ABUSE SUPPORT

### Inclusion

51 Bridge Street, Andover, SP10 1BG

T 0300 124 0103 option 8

[www.inclusionhants.org.uk/contact-us/](http://www.inclusionhants.org.uk/contact-us/)



## MENTAL HEALTH SUPPORT



Tel: 01264 332297

Email: [mind@andovermind.org.uk](mailto:mind@andovermind.org.uk)

[www.andovermind.org.uk](http://www.andovermind.org.uk)

Helpline: 116 123 (free, 24 hours)

[www.samaritans.org](http://www.samaritans.org)

## FOOD SUPPORT

Andover foodbank

Tel: 01264 362111

Email: [office@andoverfoodbank.org.uk](mailto:office@andoverfoodbank.org.uk)

[www.andover.foodbank.org.uk](http://www.andover.foodbank.org.uk)

RCS Andover Community Pantry

Tel: 01264 359223

[www.rcsservices.org.uk](http://www.rcsservices.org.uk)

## SOCIAL PRESCRIBERS

Social Prescribing Link Workers offer a holistic service which gives you time to focus on what matters to you. We can offer support with social and practical issues which may be having an impact on your wellbeing.



To book an appointment with a Social Prescriber please visit our website to self refer [www.andoverpcn.co.uk/social\\_prescribing.htm](http://www.andoverpcn.co.uk/social_prescribing.htm)

## COST OF LIVING SUPPORT AND RESOURCES

[www.testvalley.gov.uk/cost-of-living](http://www.testvalley.gov.uk/cost-of-living)

[www.hants.gov.uk/socialcareandhealth/adultsocialcare/coldspots](http://www.hants.gov.uk/socialcareandhealth/adultsocialcare/coldspots)

[www.andover.foodbank.org.uk](http://www.andover.foodbank.org.uk)

## UNITY'S CHARITY, HEALTH AND WELLBEING DIRECTORY

<https://v-base.org/tvcs/public/search-organisations>

