

# 12 days to Christmas

Every year the foodbank gives **Christmas hampers** to families and individuals who are struggling. These hampers make an enormous difference to the festive season, alleviating financial pressures and allowing people to celebrate the season rather than exist through it.

If you would like to help by making up a hamper, here is our **12 days to Christmas** list for 2023. You can shop in one go or follow along adding items on specific days shown below (come and say hi on Facebook or Instagram and show us some pictures!). Please deliver to foodbank (open Monday-Friday 9:30-12:30) by Sunday 26 November when we will also be open 2-4pm. Thank you



- 1 Nov **Bag for life**
- 4 Nov **Hot chocolate and marshmallows**
- 6 Nov **Jam / marmalade**
- 8 Nov **Coffee**
- 11 Nov **Crisps**
- 13 Nov **Tin of ham**
- 15 Nov **Stuffing/gravy/bread sauce**
- 18 Nov **Custard**
- 20 Nov **Chocolates**
- 22 Nov **Cheese biscuits**
- 24 Nov **Pickle or chutney**
- 26 Nov **Christmas pudding**

[www.andover.foodbank.org.uk](http://www.andover.foodbank.org.uk)