

Support Resources

DEBT & BENEFIT SUPPORT



Citizens Advice T 0808 8126681 www.testvalleycab.org.uk



31-33 Bridge Street T 07734 049687 www.frontlinedebtadvice.org.uk

Help through Hardship T 0800 2082138

christians against poverty



CAP Debt Centre Lighthouse, St Marys Church T 0800 3280006 www.stmarysandover.org/lighthouse/

FAMILY & EDUCATION SUPPORT

RCS Andover

Longmeadow Centre, Cricketers Way, Andover SP10 5DE T 01264 359223

E longmeadow.rcs@gmail.com

Yellow Brick Road Project

T 01264 360589 E admin@yellowbrickroadprojects.com www.yellowbrickroadprojects.com



ACE Andover Clothing & Baby Bank

13-17 Bridge Street Facebook group



HOUSING SUPPORT

Two Saints

Bridge House, Bridge Street, Andover, SP10 1BE T 01264 359959

E peirstestvalley@twosaints.org.uk

www.twosaints.org.uk/andover-test-valley

OLDER AGE SUPPORT Neighbourcare

12 Union Street, Andover SP10 1PA

T 01264 339899

www.andoverneighbourcare.co.uk

Age Concern Hampshire Town Mills House, Andover, SP10 1BL T 01962 868545 www.ageconcernhampshire.org.uk

DOMESTIC ABUSE SUPPORT



Andover Crisis and Support Centre 15-21 New Street, Andover SP10 1EL T 01264 366122



National Domestic Abuse helpline T 0808 2000 247 www.refuge.org.uk

www.andovercrisis.org.uk

CARERS SUPPORT Andover Young Carers

T 01264 333788

E info@youngcarers.co.uk

www.andoveryoungcarers.co.uk

Princess Royal Trust for Carers T 01264 835246 E info@carercentre.com www.carercentre.com

YOUNG PEOPLE SUPPORT

The Andover Foyer T 01264 350340

E e.wyatt@alabare.co.uk www.alabare.co.uk/home/the-andover-foyer Yellow Brick Road Project T 01264 360589 E admin@yellowbrickroadprojects.com www.yellowbrickroadprojects.com

DRUG & ALCOHOL ABUSE SUPPORT Inclusion

51 Bridge Street, Andover, SP10 1BG

T 0300 124 0103 option 8

www.inclusionhants.org.uk/contact-us/



MENTAL HEALTH SUPPORT



Tel: 01264 332297 Email: mind@andovermind.org.uk <u>www.andovermind.org.uk</u>

SAMARITANS

Helpline: 116 123 (free, 24 hours) www.samaritans.org

FOOD SUPPORT

Andover Foodbank Tel: 01264 362111 Email: office@andoverfoodbank.org.uk <u>www.andover.foodbank.org.uk</u> RCS Andover Community Pantry Tel: 01264 359223 www.rcsservices.org.uk

SOCIAL PRESCRIBERS

Social Prescribing Link Workers offer a holistic service which gives you time to focus on what matters to you. We can offer support with social and practical issues which may be having an impact on your wellbeing.



To book an appointment with a Social Prescriber please visit our website to self refer www.andoverpcn.co.uk/social_prescribing.htm

COST OF LIVING SUPPORT AND RESOURCES

www.testvalley.gov.uk/cost-of-living

www.hants.gov.uk/socialcareandhealth/adultsocialcare/coldspots

www.andover.foodbank.org.uk

UNITY'S CHARITY, HEALTH AND WELLBEING DIRECTORY



https://v-base.org/tvcs/public/search-organisations